

## 2021-22 Academic year's Alternative Educational Plan

Standard:-7

Subject: Physical Education

Sl NO:	Month/week	Main Learning Components	Learning Activity	Evaluation
1.	<b>February First Week</b>	<b>Chapter -1 (practical) Recreational game</b> *Dog and Bone  * Tiger and Cow	As prescribed in text book chapter 11 in practical part with the assistance of Teacher / Facilitator understand and practice the game and complete the following activity in the work sheet provided.  1. In the work sheet explain about the, Dog and Bone recreational game. 2. In the work sheet explain about the, Tiger and Cow recreational game.	Teacher evaluate the students through completed worksheet
2.	<b>February Second week</b>	<b>Chapter -11 (practical) Recreational game</b> * Snake and Mangoose  *Carry the Bundle	As prescribed in text book chapter 11 in practical part with the assistance of Teacher/ Facilitator understand and practice the game and complete the following activity in the work sheet provided.  1. Looking at the Snake and Mangoose recreational picture, Explain about the game in the work sheet. 2. Looking at the Carry the Bundle recreational picture, Explain about the game in the work sheet. ( from 6th std)	Teacher evaluate the students through completed worksheet
3.	<b>February Third week</b>	<b>Chapter -11 (practical) Recreational game</b>  *Ant's Line  * Find the Leader	As prescribed in the Text book Chapter 11 in practical part with the assistance of Teacher/ Facilitator understand and practice the game and complete the following activity in the work sheet provided.  1. Looking at the Snake and Ant's Line recreational picture, Explain about the game in the work sheet. 2. Looking at the Find the Leader recreational picture, Explain about the game in the work sheet. (from 6th std)	Teacher evaluate the students through completed worksheet

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4.	February fourth Week	<b>Covid 19</b> 1. Covid 19 safety measure's	About Covid 19 safety measures with the assistance of Teacher/ Facilitator students are made to understand and then complete the work sheet provided.  1. List the safety measure's of Covid 19 in the work sheet 2. Draw a picture depicting, SMS ( Social distance, Mask and Sanitizer)	Teacher evaluate the students through completed worksheet















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### Work sheet

Standard 7	Subject: Physical Education	Month/Week: February Fourth week
Students Name:		Roll Number:

List the safety measure's of Covid 19

Draw the SMS ( sanitizer, mask, social distance) picture by looking at the given picture below

